After School Practices until February half-term 2025 (3.00pm – 4.30pm)

	Year 7	Year 8	Year 9	Year 10	Year 11
Monday	MOUNTAIN BIKING CRICKET	MOUNTAIN BIKING CRICKET	MOUNTAIN BIKING	MOUNTAIN BIKING GYM	MOUNTAIN BIKING GYM
Tuesday	RUNNING CLUB RUGBY BASKETBALL	RUNNING CLUB BASKETBALL	RUNNING CLUB BASKETBALL	RUNNING CLUB BASKETBALL	RUNNING CLUB BASKETBALL
Wednesday		RUGBY	RUGBY CRICKET	RUGBY GYM CRICKET	GYM CRICKET
Thursday	GYM	GYM FOOTBALL	GYM FOOTBALL	BADMINTON	BADMINTON
Friday	GYM FOOTBALL	GYM	GYM	HANDBALL	HANDBALL