



THE DUKE
OF EDINBURGH'S
AWARD

BRONZE AWARD LAUNCH EVENING

THE DUKE OF EDINBURGH'S AWARD

**A programme of
activities for anyone
aged 14-25**

**Take part in fun,
exciting and challenging
activities**

**Gain accreditation
for these activities**

**What
is it?**



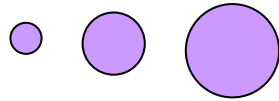
Key Principles

- Personal development
- Available to all
- Voluntary
- Flexible
- Balanced
- Challenging
- Progressive
- Achievement focused
- Marathon not a sprint
- Enjoyable

**Have fun
Make friends
New challenges
Time management
Teamwork
Communication
Confidence
Sense of responsibility
Boost CV
Independence
Self Awareness
Problem solving
Planning
Leadership**

**What do
I get
out of
it?**





**How does
it work?**

**There are three
levels:
Bronze
Silver
Gold**

**There are four sections:
Volunteering
Skills
Physical
Expeditions**

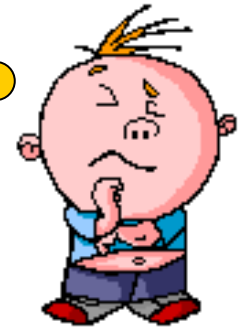
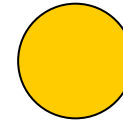
Four Sections

- **Volunteering** - undertaking service to individuals or the community
- **Physical** - improving in an area of sport, dance or fitness activities
- **Skills** - developing practical and social skills and personal interests
- **Expedition** - planning, training for and completing an adventurous journey

Bronze Award

Volunteering	Skills	Physical	Expeditions
One hour a week. Two sections at 3 months and one at 6 months			1 training day, 1 weekend

**What do
I have to
do?**



Almost anything...

Volunteering section

Participants should

- identify the need for the service
- gain some knowledge of the needs of those whom they will be assisting
- receive briefing and training in the necessary skills required to give that service



Volunteering options

- Helping others (children, older people, special needs, Park Run)
- Environment and animals (rural conservation, litter bug groups, animal rescue centre)
- Community organisation (charity shop, Willow Wood)
- Leadership (assisting coaching at football club)
- Fundraising (Stalybridge Rotary club)
- School volunteers (Art, PE, Maths, History, Chess and Boardgames club)

https://www.dofe.org/wp-content/uploads/2022/08/programme_ideas_-_volunteering.pdf

Skills section

Participants should:

- Select and follow an activity
- Show progression and sustained interest
- Gain a deeper knowledge and understanding of the activity



Skills options

- There are over 200 activities listed in either the Programmes File or on the web site
- Examples include:
 - Art & Design
 - Writing
 - Music
 - Gardening
 - Games and recreation (chess club, snooker)

https://www.dofe.org/wp-content/uploads/2019/05/programme_ideas_-_skills.pdf

Physical Recreation

This Section should provide opportunities for young people to:

- enjoy keeping fit and improve their levels of fitness
- discover new abilities
- raise self-esteem
- extend personal goals
- set and meet new challenges
- experience a sense of achievement



Physical Recreation Activities

As long as you pick something that requires a sustained level of energy and physical activity, the possibilities are endless. Examples include:

- athletics
- basketball
- canoeing / kayaking
- dance
- football
- indoor climbing

<https://www.dofe.org/wp-content/uploads/2022/10/programme-ideas-Physical-1-1.pdf>

Expeditions

Training

Full day training: Saturday 17th May

Covering:

- Health and safety
- First aid
- Bearings and navigation
- Teambuilding
- Countryside code
- Compass work

Expeditions

Qualifying: **Saturday 21st / Sunday 22nd June**

- 8 hours expedition, with 5-6 hours of walking
- Self-sufficient
- Overnight camping
- Complete research on an aim/purpose

Expeditions

Date	Expedition	Location	Start	Finish
Sat 17 th May	Training	School to Hartshead Inn	9am	4pm
Sat 21 st – Sun 22 nd June	Qualifying	Greenfield to Tintwistle	9am	12pm

All times are subject to change, with final details being confirmed before each expedition

Cost

- £120
- £30 cash deposit (to reception)
- £90 due by Friday 4th April (via SchoolGateway app)

Miscellaneous

- Boots – must cover ankle



Miscellaneous

- Bags – must be large in size, not just a daysack



Miscellaneous

- Penknives – not to be brought.
- Physicality – if boys are not used to strenuous walks, may be worth increasing fitness before expeditions.
- Behaviour – if behaviour in school is a concern, boys may be taken off the award.
- Commitment – the weekly activities are for parents/carers/boys to organise and keep up with.
- Contact home/mobiles – boys can bring mobiles for emergencies and to confirm pick-up times. Parents/carers can support by not texting them on expeditions.

**What
next
?**



By 25th October

Sign-up online / pay deposit

ASAP

Begin activities

November

Collect evidence

4th April

Activate e-Dofe

17th May

Remainder of fee due

21st / 22nd June

Training day

11th July

Assessed expedition

Year 10

Complete e-Dofe

Presented with award