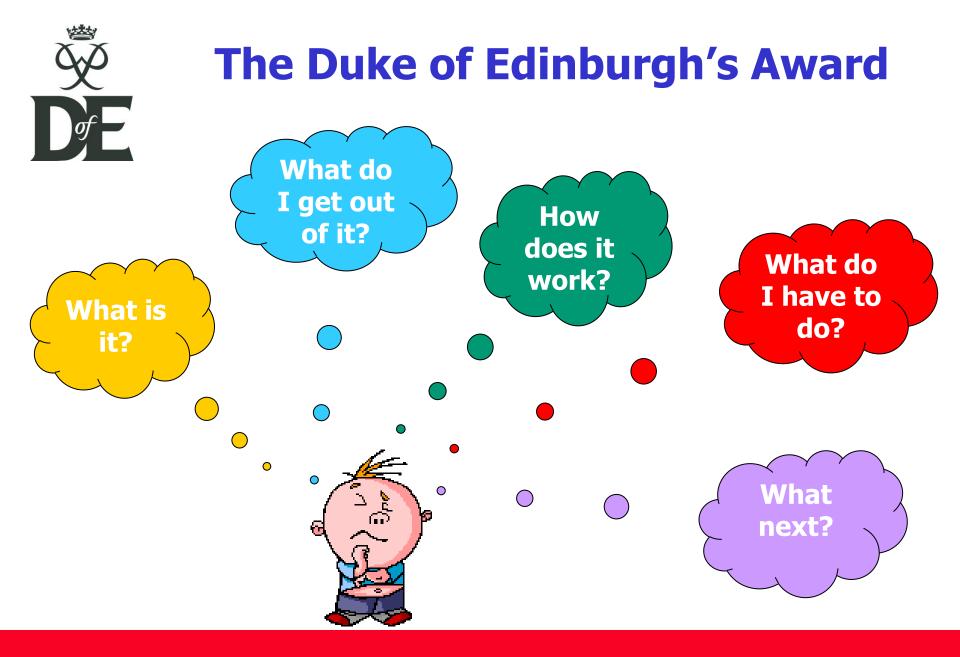
THE DUKE OF EDINBURGH'S AWARD

SILVER AWARD LAUNCH EVENING





A programme of activities for anyone aged 14-25

What

is it?

Take part in fun, exciting and challenging activities

Gain accreditation for these activities

Key Principles

- Personal development
- Available to all
- Voluntary
- Flexible
- Balanced

- Challenging
- Progressive
- Achievement focused
- Marathon not a sprint
- Enjoyable

Have fun Make friends **New challenges Time management Teamwork Communication** Confidence **Sense of responsibility Boost CV** Independence **Self Awareness Problem solving** Planning Leadership

What do I get out of it?



How does it work?

There are three levels: Bronze Silver Gold There are four sections: Volunteering Skills Physical Expedition

Four sections

- Volunteering undertaking service to individuals or the community
- Physical improving in an area of sport, dance or fitness activities
- Skills developing practical and social skills and personal interests
- Expedition planning, training for and completing an adventurous journey

Timeframes

Volunteering	Skills	Physical	Expeditions	
6 months	One section for 3 months One section for 6 months		1 day training 3 day practice 3 day qualifying	

If a student did not complete the Bronze award, they must undertake a further 6 months in either the Volunteering section or the longer of the Skills/Physical section



Almost anything...

Volunteering section

Participants should

- identify the need for the service
- gain some knowledge of the needs of those whom they will be assisting
- receive briefing and training in the necessary skills required to give that service



Volunteering options

- Helping others (children, older people, special needs, Park Run)
- Environment and animals (rural conservation, litter bug groups, animal rescue centre)
- Community organisation (charity shop, Willow Wood)
- Leadership (assisting coaching at football club)
- Fundraising
- School volunteers (Art, PE, Maths, History, Chess and Board games club)

https://www.dofe.org/wp-content/uploads/2022/08/programme_ideas_-_volunteering.pdf

Skills section

Participants should:

- Select and follow an activity
- Show progression and sustained interest
- Gain a deeper knowledge and understanding of the activity



Skills options

- There are over 200 activities listed in either the Programmes File or on the web site
- Examples include:
 - Writing
 - Music (school co-curricular)
 - Gardening
 - Games and recreation (chess club, pool, snooker)
 - Art & Design (Arts Award with Mrs Healey)

https://www.dofe.org/wp-content/uploads/2019/05/programme_ideas - skills.pdf

Physical Recreation

- This Section should provide opportunities for young people to:
- enjoy keeping fit and improve their levels of fitness
- discover new abilities
- raise self-esteem
- extend personal goals
- set and meet new challenges
- experience a sense of achievement



Physical Recreation Activities

As long as you pick something that requires a sustained level of energy and physical activity, the possibilities are endless. Examples include:

- athletics
- basketball
- dance
- football
- indoor climbing
- Park Run

https://www.dofe.org/wp-content/uploads/2022/10/programme-ideas-Physical-1-1.pdf

Expeditions

Date	Expedition	Location	Start	End			
Sat 17 th May	Training	School	9am	3pm			
Fri 6 th – Sun 8 th Jun	Practice	Dovestones/Crowden	9am	12pm			
Fri 4 th – Sun 6 th July	Qualifying	Edale/Kinder	9am	3pm			
All times are subject to change, with final details being confirmed before each expedition.							

Expeditions

Training

Full day training: Saturday 17th May

Covering:

- Health and safety
- First aid
- Navigation

- Teambuilding
- Compass
- Maps

Expeditions

Practice: Friday 6th June to Sunday 8th June Qualifying: Friday 4th July to Sunday 6th July

- 8 hours expedition, with 5-6 hours of walking
- Self-sufficient
- Overnight camping
- Complete research on a team goal

Cost

- £150
- £30 cash deposit (to reception)
- £90 due by Friday 4th April 2025 (via SchoolGateway app)

Miscellaneous

Boots – must cover ankle



Miscellaneous

Bags – must be large in size, not just a daysack









Miscellaneous

- Penknives not to be brought.
- Physicality if boys are not used to strenuous walks, may be worth increasing fitness before expeditions.
- Behaviour if behaviour in school is a concern, boys may be taken off the award.
- Commitment the weekly activities are for parents/carers/boys to organise and keep up with.
- Contact home/mobiles boys can bring mobiles for emergencies and to confirm pick-up times. Parents/carers can support by not texting them on expeditions.

