

Learning Habits in Physical Education

Ready

- **Arrive** to lessons promptly with the correct kit and change quickly.

Respectful

- **Accept** the decisions of officials without question.
- **Encourage** others to work to the best of their ability at all times.
- **Support** rather than criticise others within lessons or co-curricular activities.

Responsible

- **Lead** warm ups and be a willing **volunteer** to demonstrate skills.
- **Attend** co-curricular activities to **consolidate skills** learned in lessons.

Aim High

- **Push ourselves** to work to the best of our ability at all times.
- **Persevere** when unable to perform a skill or we are losing.
- Use online platforms to **research skills** and develop your wider knowledge.
- Help **coach** others in our class and younger pupils.