

GCSE FOOD PREPARATION AND NUTRITION – HOMEWORK/REVISION
CGP Exam Practice Workbook

Name: _____

Dates	Page numbers	Topics	Completed w/book	Notes made
w/b 07/01/19	4–5	Proteins		
	6-7	Fats		
w/b 14/01/19	8-9	Carbohydrates		
	10-11	Vitamins		
w/b 21/01/19	12-13	Minerals		
		Fibre		
w/b 28/01/19	14	Healthy Eating Guidelines		
	15	Nutritional needs of different groups		
w/b 04/02/19	16-17	Diet Related health Problems		
	18	Energy needs		
w/b 11/02/19 Half Term 1 Week	19-20	Nutritional Analysis		
	21-22	Planning Meals		
w/b 25/02/19	23	Why Food is cooked and Heat Transfer		
	24	Cooking Methods- Water based		
w/b 04/03/19	25	Cooking Methods- Fat Based		
	26-27	Cooking Methods- Dry methods		
w/b 11/03/19	28	Changing properties- Proteins		
	29	Changing properties- Carbohydrates		
w/b 18/03/19	30	Changing properties- Fats and oils		
	31	Raising Agents		
w/b 25/03/19	32	Use of Microorganisms		
	33	Food Spoilage		
w/b 01/04/19	34	Storing food safely		
	35	Preparing food safely		
2 Week Easter Hol w/b 08/04/19-15/04/19	36	Food poisoning		
	37	Grown food		
	38	Grown Food GM Cr Crops		
	39 40	Reared Food Caught Food		

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<u>2 Week Easter Hol</u>	<u>Revise for Practice Exam paper and Food Commodities Revision Booklet</u>			
<p>There will be regular in class tests on the subjects set to assess progress.</p> <p>Please ensure you use the KS4 Recipe booklet to select appropriate recipes when directed to do so.</p> <p>This is available on the pupil shared area/Eduqas food.</p>				
w/b 22/04/19	41	Waste food and packaging		
	42	Food miles and carbon footprint		
	43-44	Global Food Production		
w/b 29/04/19	45	British and international Cuisines		
	46-47	Primary and Secondary food processing		
w/b 06/05/19	48-49	Food Fortification and Modification		
	50-51	Influences on Food Choice		
w/b 13/05/19	52-53	Cultural, religious and moral food choices		
w/b 20/05/19 May Half term begins-24/05/19	54	Food labelling		
	55	Influences of Marketing		
	56-57	Sensory testing		
Year 11 Begin Study Leave				
w/b 03/06/19	Practice Past Exam Papers Revisit Topics			
w/b 10/06/19	GCSE FOOD PREPARATION AND NUTRITION EXAMINATION Monday 10th June 9am			
<p>Good Luck!</p> <p>Read all the question fully before beginning your answer.</p>				